



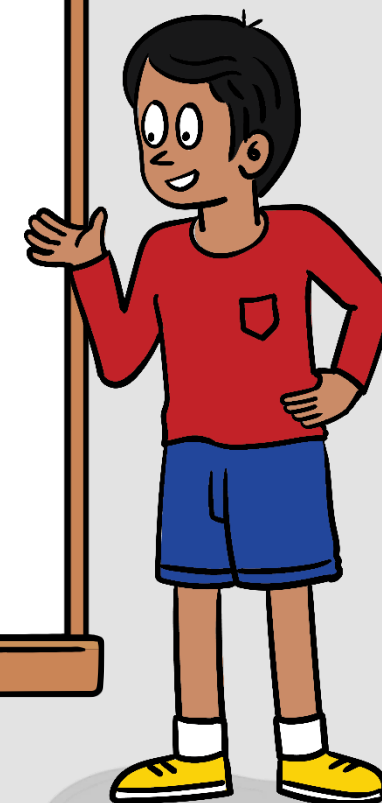
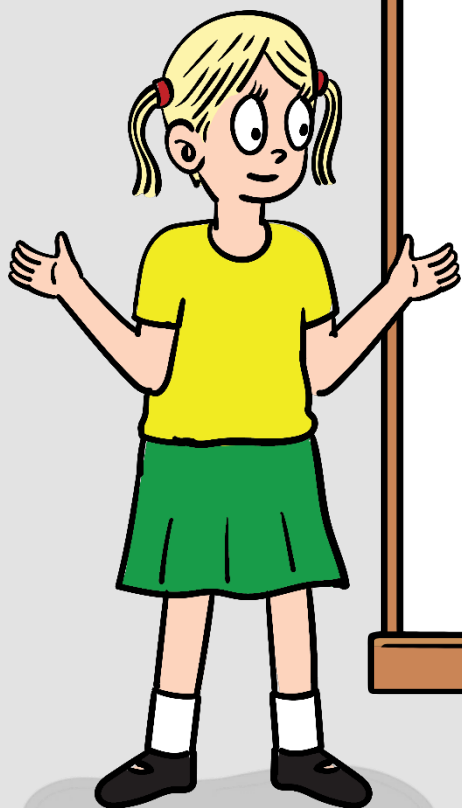
Child Accident Prevention Foundation of Australia

Western Australia

SAFETY ISLAND

TEACHER'S GUIDE

An interactive e-learning tool for lower primary school students to facilitate class lessons on safety and injury prevention from Pre-Primary to Year 3



Supported by:



Government of **Western Australia**
Department of **Health**

140 Railway Parade | WEST LEEDERVILLE | Whadjuk Noongar Country
T: 08 6244 4880 | E: kidsafe@kidsafewa.com.au | www.kidsafewa.com.au | ABN: 73 013 791 655

About Kidsafe WA

Kidsafe WA is the leading independent not-for-profit organisation dedicated to promoting safety and preventing childhood injuries and accidents in Western Australia. Every year, over 24 Western Australian children die from a preventable injury, with a further 8,000 hospitalised. Kidsafe WA works in the community to educate and inform parents and children about staying safe at home, at play and on the road.

Kidsafe WA's core programs include our [Home](#), [Road](#) and [Play](#) safety programs, with Safety Island forming part of our school safety program. This program provides up-to-date injury prevention resources to primary school students and teachers. In addition to Safety Island, Kidsafe WA provide free interactive [school incursions](#). Keeping WA Kids Safe incursions are facilitated by Kidsafe WA staff in primary school classrooms, covering key safety and injury prevention messages and activities.

Kidsafe WA is based in West Leederville on Whadjuk Noongar Country. Thanks to the support of the Department of Health WA, our team conducts annual regional visits throughout the state to deliver child injury prevention programs and services. If you would like Kidsafe WA to visit your regional school, please complete an expression of interest form [here](#).

For more information about Kidsafe WA's other services and to keep up to date with child injury prevention, visit www.kidsafewa.com.au or follow our social media channels below.



Kidsafe WA

140 Railway Parade, West Leederville, 6007
Whadjuk Noongar Country, WA
kidsafe@kidsafewa.com.au
(08) 6244 4880



Welcome to SAFETY ISLAND

Safety Island is Kidsafe WA's latest interactive e-learning tool for primary schools. Designed to teach students from Pre-Primary to Year 3 about common injuries, Safety Island provides students with practical steps they can take to keep themselves and others around them safe.

Schools are an ideal location to promote the awareness of childhood injury prevention methods. Following injuries that happen at home, schools are the second most common location for childhood injury, with almost half of injury-related hospital presentations being primary school aged children.

Safety Island takes students on a journey through four modules covering safety at home, on the road, at play and on the farm. Each module provides fun and engaging content for students that links to the Western Australian Curriculum, providing teachers with a structured plan to deliver in class during a regular health lesson.

For teachers, this guide will provide you with information on how to facilitate Safety Island modules in your classroom and additional information to support student learning. Kidsafe WA plan to continually develop and expand Safety Island as a valuable teaching resource. To stay updated on new features and additional modules, subscribe to our [Safety Island Mailing List](#).

Supported by the Department of Health WA



Government of **Western Australia**
Department of **Health**



Guide to using Safety Island

With no need for registration, Safety Island can be easily accessed through any web browser on a desktop computer, laptop, tablet or smart phone, allowing flexibility for teachers to deliver modules in the following formats:

1) Whole class lesson

Safety Island modules can be completed as a whole class lesson with a teacher navigating through activities on an interactive whiteboard. Information provided in each module can be used to guide discussions around safety and injury prevention while working through module activities together.

Teaching Resources: Interactive whiteboard



2) Individual activity

Safety Island modules can be completed as an independent activity for students to complete at their own pace in the classroom or at home. Modules are designed to be user friendly for students to be able to navigate activities on their own.

Teaching Resources: Individual tablet or smart device for each student



Getting started

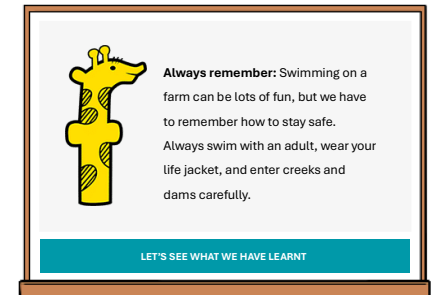
To begin Safety Island, visit www.kidsafewa.com.au/safety-island Scroll past the Teacher's Guide and click on one of the four images to begin a module. A new tab will automatically open, and users can access module information and activities.



Module activities

Each module guides the user through a series of information and activities that cover safety and injury prevention messaging in different settings. Activities and content include flip cards, interactive scenes and Kidsafe WA safety animations. After each topic within the module, key safety messages are reiterated by a Kidsafe WA character.

An overview of each module, student learning outcomes and links to the WA Curriculum are outlined in this guide.



Knowledge assessment

At the end of each module, users are asked a series of questions to assess their knowledge of the module content. Users can make multiple attempts to answer questions and are able to scroll upwards to re-visit content.

Once all questions are complete, users are acknowledged as an expert in staying safe at home, on the road, at play and on the farm.



Completion

Once a module is complete, users can close the tab to return to the Safety Island home page. Select another module to begin and repeat until all four modules are complete. A PDF completion certificate can be downloaded and personalised from the Safety Island home page to present to the whole class or to individual students.

Evaluation: Please take the time to provide feedback to Kidsafe WA on your experience with Safety Island – see last page of guide for evaluation survey link.

MODULE ONE: Staying safe at home

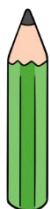
In Australia, the home is the most common location for childhood injury to occur. Within the home, outdoor areas, living and dining areas and bedrooms are the most common areas for injury to occur as these are often locations where children spend a large amount of time engaged in play. Common injury risks for children within the home include drowning, burns and scalds and poisoning.¹



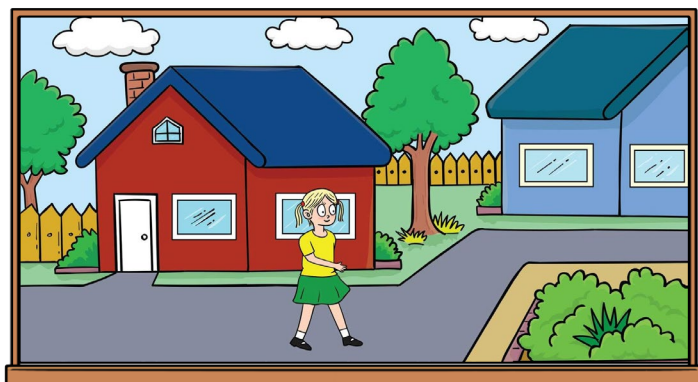
By completing this module, students will learn about common injuries that can happen at home and simple steps to take to reduce their risk of injury.

Completion time: 30 minutes

Learning outcomes:



- Identify potential poisons in the home environment.
- Learn what steps to take if a poison is accidentally consumed.
- Identify hazards that could cause a burn or scald.
- Learn basic first aid steps for a burn or scald injury.
- Learn steps to stay safe in and around water.
- Learn steps to stay protected from the sun.



WA Curriculum Links

MODULE ONE: Staying safe at home

Learning Area: Health and Physical Education
Strand: Personal, Social and Community Health

PRE-PRIMARY

Being healthy, safe and active

- Protective behaviours to keep safe and healthy:
 - moving away
 - telling an adult
 - asking for help.
- Trusted people in the community who can help individuals feel safe.

Contributing to healthy and active communities

- Actions that promote health, safety and wellbeing such as:
 - identifying household substances that can be dangerous
 - following safety symbols and procedures.

YEAR ONE

Being healthy, safe and active

- Protective behaviours to keep safe and healthy:
 - moving away
 - telling an adult
 - asking for help.

YEAR TWO

Being healthy, safe and active

- Strategies to use when help is needed such as:
 - procedure and practice for dialling 000 in an emergency.

Communicating and interacting for health and wellbeing

- Ways health messages are communicated in the media and how they can influence personal health choices, such as 'slip, slop, slap'.

YEAR THREE

Being healthy, safe and active

- Assertive behaviours and communication skills to respond to unsafe situations such as:
 - keeping calm
 - seeking help.

MODULE TWO: Staying safe on the road

Children are at significant risk of road injuries in Australia with transport-related injuries one of the leading causes of death in children under 15. Children are at risk on and around roads both as a passenger in a vehicle and as a pedestrian. Injury risks can also increase as children begin to ride bicycles, scooters, skateboards and other small-wheeled devices.²



By completing this module, students will learn about road related injury risks and steps they can take to stay safe on the road.

Completion time: 20 minutes

Learning outcomes:



- Learn steps to stay safe as a passenger in the car.
- Learn steps to stay safe while riding small-wheeled devices.
- Identify appropriate safety equipment to wear while riding small-wheeled devices.
- Learn steps to stay safe as a pedestrian.
- Learn steps to cross a road safely.



WA Curriculum Links

MODULE TWO: Staying safe on the road

Learning Area: Health and Physical Education
Strand: Personal, Social and Community Health

PRE-PRIMARY

Being healthy, safe and active

- Trusted people in the community who can help individuals feel safe.

Contributing to healthy and active communities

- Actions that promote health, safety and wellbeing such as:
 - identifying household substances that can be dangerous
 - following safety symbols and procedures.

YEAR ONE

Communicating and interacting for health and wellbeing

- Ways health messages are communicated on:
 - television
 - posters
 - radio.

YEAR TWO

Communicating and interacting for health and wellbeing

- Ways health messages are communicated in the media and how they can influence personal health choices such as 'slip, slop, slap'.

Contributing to healthy and active communities

- Actions that keep people safe and healthy in and outside the classroom such as:
 - staying hydrated
 - being sun smart
 - following school rules.

YEAR THREE

Communicating and interacting for health and wellbeing

- Choices and behaviours conveyed in health information and messages.

MODULE THREE: Staying safe while at play

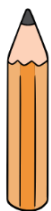
Play is an essential part of childhood that promotes physical and cognitive development and contributes to social and emotional wellbeing. It is a way for children to learn and develop new skills while also reducing the risk of serious health conditions associated with physical inactivity and obesity. As with all physical activity, children can be at risk of injury while using play equipment or playing sports.³



By completing this module, students will learn how to keep themselves and others safe from injury while at play and during sports.

Completion time: 20 minutes

Learning outcomes:



- Learn steps to stay safe while using playground equipment.
- Identify hazards in a playground environment.
- Identify hazards in backyard environments and steps to take to remove hazards.
- Learn how to stay safe while using a trampoline.
- Learn how to stay safe while playing sports.



WA Curriculum Links

MODULE THREE: Staying safe while at play

Learning Area: Health and Physical Education
Strand: Personal, Social and Community Health

PRE-PRIMARY

Being healthy, safe and active

- Protective behaviours to keep safe and healthy:
 - moving away
 - telling an adult
 - asking for help.

Contributing to healthy and active communities

- Safe active play in outdoor settings and the natural environment.

YEAR ONE

Being healthy, safe and active

- Strategies to use when help is needed such as:
 - dialling 000 in an emergency
 - reading basic safety signs
 - asking a trusted adult.
- The benefits of regular physical exercise on health and wellbeing.

YEAR TWO

Being healthy, safe and active

- Strategies and behaviours that promote health and wellbeing:
 - regular physical activity.

Contributing to healthy and active communities

- Actions that keep people safe and healthy in and outside the classroom such as:
 - staying hydrated
 - being sun smart
 - following school rules.

YEAR THREE

Being healthy, safe and active

- Actions in daily routines that promote health, safety and wellbeing:
 - healthy eating
 - appropriate levels of physical activity.

MODULE FOUR: Staying safe on the farm

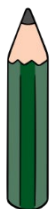
Growing up in a farming environment can provide a unique and exciting upbringing for Australian children. As many farms are family owned and operated, the home environment often overlaps with an agricultural workplace. Children living on and visiting farms are inevitably exposed to an increased number of hazards that can put them at risk of serious injury or death.⁴



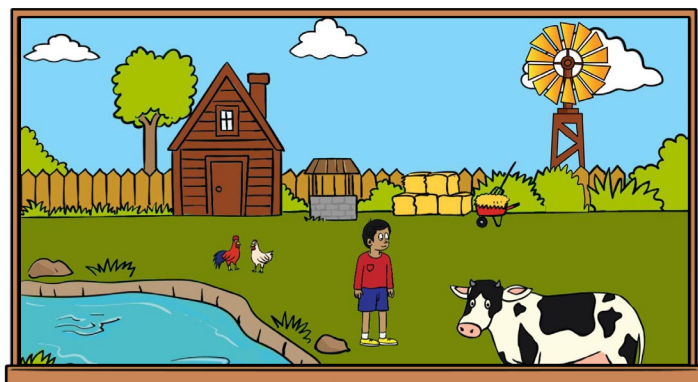
By completing this module, students will learn how to keep themselves safe from injury while living on or visiting a farm.

Completion time: 20 minutes

Learning outcomes:



- Learn how to stay safe around machinery and vehicles on farms.
- Learn about the dangers of children using quad bikes.
- Learn how to stay safe while riding a motorbike.
- Learn how to stay safe around farm animals.
- Learn how to stay safe when horse riding.
- Learn how to stay safe in and around water on the farm.



WA Curriculum Links

MODULE THREE: Staying safe on the farm

Learning Area: Health and Physical Education

Strand: Personal, Social and Community Health

PRE-PRIMARY

Being healthy, safe and active

- Protective behaviours to keep safe and healthy:
 - moving away
 - telling an adult
 - asking for help.

Contributing to healthy and active communities

- Actions that promote health, safety and wellbeing such as:
 - identifying household substances that can be dangerous
 - following safety symbols and procedures.
- Safe active play in outdoor settings and the natural environment.

YEAR ONE

Being healthy, safe and active

- Strategies to use when help is needed such as:
 - dialling 000 in an emergency
 - reading basic safety signs
 - asking a trusted adult.

YEAR TWO

Being healthy, safe and active

- Strategies and behaviours that promote health and wellbeing:
 - procedure and practice for dialling 000 in an emergency.

YEAR THREE

Being healthy, safe and active

- Assertive behaviours and communication skills to respond to unsafe situations such as:
 - keeping calm
 - seeking help.

Evaluation

Thank you for using Safety Island. To continually improve this resource, we would love to hear your feedback. If you enjoyed using Safety Island or have any suggestions on how it can be improved, please complete our short survey through the link or QR code below.



Please contact us if you would like to discuss your feedback in more detail.



Safety Island Evaluation Survey:
www.kidsafewa.com.au/safety-survey

Want to work with us?

Kidsafe WA works within the community to educate and inform parents and children about staying safe at home, at play and on the road. With the support of our funding partners Kidsafe WA continues to work with stakeholders to prevent unintentional childhood deaths and injuries.

With additional support, Kidsafe WA plan to continually develop and expand Safety Island as a valuable primary school teaching resource. If you would like to support our work in preventing injuries in the school environment, please contact us to discuss partnership opportunities.



Kidsafe WA

140 Railway Parade, West Leederville, 6007
Whadjuk Noongar Country, WA
kidsafe@kidsafewa.com.au
(08) 6244 4880



Western Australia

Special Thanks

Kidsafe WA's Safety Island was developed in partnership with relevant injury prevention and health organisations, and in consultation with primary school teachers and students.

Modules were developed using Articulate 360 by learning developer [Clever Course](#) via workplace organisational developer [Essemy](#).

Supported by the Department of Health Western Australia



Government of **Western Australia**
Department of **Health**

1. [McKenna J, Skarin D. Kidsafe WA Childhood Injury Research Report: Injuries within the Home. Perth \(WA\): Kidsafe WA \(AU\); 2019 June.](#)
2. [Leeds M, Richards J, Stepan A, Xiao A, Skarin D. WA Childhood Injury Report: Patterns of Injuries among 0-19 year olds in Western Australia. Perth \(WA\): Kidsafe Western Australia \(AU\); 2015 November.](#)
3. [Varghese A.M, Jamieson K, McKenna J, Skarin D. Kidsafe WA Childhood Injury Report: Playground Injuries. Perth \(WA\): Kidsafe WA \(AU\); 2021 July.](#)
4. [Jamieson K, Dettel E, Skarin D. Kidsafe WA Childhood Injury Report: Farm Injuries. Perth \(WA\): Kidsafe WA \(AU\); 2023 June.](#)